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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Rhodiola-LF, 60 capsules

Product number: VS4089



Price

Quantity	Unit price	Base price
To 1	€39.95	€1,736.96 / 1 Kilogramm
To 4	€37.95	€1,650.00 / 1 Kilogramm
From 5	€35.95	€1,563.04 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

Rhodiola - When things get stressful!

There are over 130 species within the plant genus Rhodiola. The best known and most thoroughly researched species is Rhodiola rosea, also called roseroot, which occurs, among other places, in cold Siberia. Rhodiola has been used as a herbal remedy for more than 2,000 years. Rhodiola has an adaptogenic effect. That means Rhodiola can help maintain resistance to stress in demanding situations. It can also be helpful when tired. Rhodiola-LF from Vitals contains the high-quality Rhodiolife® extract, which comprises 5% rosavins and 1.8% salidroside, the main constituents of Rhodiola.
After a stressful period, fatigue can occur. Rhodiola helps with stress-related fatigue by supporting ATP production in the mitochondria. Rhodiola is also beneficial for cognitive functions such as learning ability, memory, attention

and concentration. Rhodiola can also be advantageous for athletes, as it supports physical performance and endurance.

Rhodiolife® from Nektium Vitals uses the high-quality Rhodiolife® extract of the Spanish company Nektium, which is a leader in the Rhodiola extract industry. The Rhodiola rosea used in Rhodiolife® comes from sustainable cultivation and harvest in the pristine Altai Mountains in Siberia.

Nektium places particular importance on processing the plant optimally to ensure that the full spectrum of active compounds is preserved. Furthermore, extraction with water and alcohol achieves a high content of the essential components. The rosavin content (5%) and the salidroside content (1.8%) are exceptionally high compared with many other Rhodiola extracts available on the market.

Rhodiola rosea is very popular, which means adulteration can occur. For example, by substituting it with another Rhodiola variety that does not have the same effect. Nektium therefore checks in each production batch by DNA test whether Rhodiola rosea is actually being used, and analyses whether the extract contains the correct active compounds in the appropriate amounts. The presence of rosavins also provides evidence that the product is indeed made from Rhodiola rosea – in addition to the DNA test. With Rhodiola-LF you can rely on receiving a high-quality and effective extract!

Key active ingredients

Key active ingredients*	per daily portion (1 capsule)
Rhodiola extract (Rhodiolife®)	250 mg
of which 5% rosavins	12.5 mg
of which 1.8% salidroside	4.5 mg

* No reference intake according to EU FIC

Ingredients

Rhodiola extract (Rhodiola rosea [roseroot], root), vegetarian capsule (pullulan, from fermented cassava starch), anti-caking agent (rice fibres).

Recommended intake

Take 1–2 capsules per day in the morning or afternoon with water with a meal.

Storage instructions

Store cool, dry and protected from light (do not refrigerate).

Legal notice

Do not exceed the recommended daily intake. Dietary supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children.

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Product information

Application:	Relaxation, Brain
Dosage form:	In vegan capsules.
Plants:	Rose root
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements

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