Adresse:
Talstr. 7
01099 Dresden

Kontakt:
Telefon: 015773998502
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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Lung, 120 tablets

Product number: EH8689



Price

Quantity	Unit price	Base price
To 1	€189.90	€1,957.73 / 1 Kilogramm
To 2	€154.95	€1,597.42 / 1 Kilogramm
From 3	€133.30	€1,374.23 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

For people who are stressed and frazzled

For people suffering from stress and tension, Lung can be a suitable remedy. It is a natural dietary supplement made from high-quality plant substances according to a traditional Tibetan formula. According to tradition, the Lung formulation is said to promote a sense of lightness, cheerfulness, alertness, clarity and creativity.

The groups of people for whom the formula is suitable can be summarised as follows:

People who

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- suffer from exhaustion, stress, restlessness, nervousness, anxiety, sorrow, sadness or concentration problems.
- wish to support their nervous system, musculoskeletal system and immune system.
- wish to support the restoration of balance between body, mind and spirit.
- wish to strengthen their sense of lightness, cheerfulness, alertness, clarity and creativity.

The life-essence Lung

Lung is a natural dietary supplement containing high-quality plant substances according to a traditional Tibetan recipe. It contains around 30 valuable ingredients, including extracts from amla and myrobalan fruit, Indian lungwort leaf, balsam plums, as well as cardamom, frankincense and myrrh. The historical Lung formulation has a unique composition and was developed in close consultation with Dr. phil. Geshe Gendun Yonten, an official envoy of the Dalai Lama.

The three symbols Lung (Wind), Tripa (Bile) and Beken (Phlegm) are at the centre of the Tibetan conception of health and well-being.

The three symbols Lung (wind), Tripa (bile) and Beken (phlegm) constitute the centre of the Tibetan conception of health and well-being. Lung stands for wind or air, Tripa for fire and Beken for water and earth. According to Tibetan teachings, a balanced harmony of all three life-essences should prevail in a person. This state is associated with health, happiness and harmony. However, only a few people can be assumed to be in such an ideal state. Lung symbolises the principle of movement in our body. In Tibetan medicine, the vital movements of breathing, the heart and digestion are referred to as Lung functions. Furthermore, the musculoskeletal system as well as the nervous and immune systems are relevant. Tibetans hold the view that an excess of Lung can, for example, manifest as anxiety, sorrow, sadness, restlessness or problems with concentration. This can lead to exhaustion, stress, brooding or nervousness.

In the Western world, people tend to wear themselves down with worry and overthinking. They are unable to rest in their centre and tend to think too much. For them, therefore, the glass is half empty rather than half full. Tradition holds that the Lung formulation is able to promote a sense of lightness, cheerfulness, alertness, clarity and creativity, thereby restoring the balance of body, mind and spirit. Lung is intended to help people who are, figuratively speaking, blown about by the wind, to find calm again. In today's world, the ability to bring oneself into a state of calm is a challenge for many people.

Valuable ingredients

Valuable substances*	**per daily serving 2 pressed tablets**
Green beleric myrobalan fruit extract	160 mg
Clove extract	83.3 mg
Solms Laubachia fruit extract	50 mg
Blackberry fruit extract	50 mg
Gämswurz root extract	50 mg
Black cardamom fruit extract	43.3 mg
Green cardamom fruit extract	43.3 mg
Pomegranate peel extract	33.3 mg
– of which ellagic acid	13.3 mg

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Guduchi root extract	33.3 mg
Indian costus root extract	33.3 mg
Bamboo shoot extract	33.3 mg
– of which silica	25 mg
Amla fruit extract	33.3 mg
– of which tannins	10 mg
Terminalia chebula fruit extract	33.3 mg
Agarwood extract	33.3 mg
Spiny Meconopsis extract	33.3 mg
Chrysanthemum extract	33.3 mg
Safflower flower extract	33.3 mg

* No reference amount is specified according to the Food Information Regulation (LMIV). CFU = colony-forming unit

Ingredients

Filler: Microcrystalline cellulose Green beleric myrobalan fruit extract 4:1 (Terminalia belerica), Clove extract 4:1 (Syzygium aromaticum), Solms Laubachia fruit extract 4:1, Blackberry fruit extract 10:1 (Rubus), Gämswurz extract 4:1 (Doronicum falconeri), Black cardamom fruit extract 4:1 (Amomum subulatum), Green cardamom fruit extract 4:1 (Elettaria cardamomum), Pomegranate peel extract 10:1 (Punica granatum, contains 40% ellagic acid), Guduchi root extract 4:1 (Tinospora cordifolia), Indian costus root extract 10:1 (Saussurea costus), Bamboo shoot extract 10:1 (Bambusa arundinacea, contains 75% silica), Amla fruit extract 2.5:1 (Phyllanthus emblica L., contains 30% tannins), Terminalia chebula fruit extract 4:1 (Terminalia chebula), Agarwood extract 4:1 (Aquilaria agallocha), Spiny Meconopsis extract 4:1 (Meconopsis horridula hook), Chrysanthemum extract 4:1 (Chrysanthemum), Safflower flower extract 4:1 (Carthamus tinctorius), Anti-caking agent: magnesium salts of fatty acids Cinnamon bark extract 10:1 (Cinnamomum zeylanicum), Saxifrage extract 4:1 (Saxifraga), Indian lungwort leaf extract 10:1 (Adhatoda vasica), Lagotis extract 4:1 (Lagotis clarkei hook), Balsam plum extract 10:1 (Spondias pinnata), Asian kapok tree extract 4:1 (Bombax ceiba L.), Kaempferia galanga extract 4:1 (Kaempferia galanga), Frankincense extract 5:1 (Boswellia serrata, contains 65% boswellic acid), Myrrh extract 10:1 (Commiphora myrrha), Nutmeg powder (Myristica fragrans), Elecampane root extract 10:1 (Inula racemosa).

Recommended intake

Take one pressed tablet unchewed with sufficient liquid every morning and evening.

Note

One jar of our Lung formula is sufficient for a period of two months.

Storage instructions

Store in a cool, dry place, protected from light (do not refrigerate).

Legal notice

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The recommended daily intake should not be exceeded. Dietary supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of the reach of young children.

Product information

Application:	Relaxation
Dosage form:	As an additive-free compressed tablet.
Plants:	Amla, Bamboo, Cardamom, Chamois root, Chebulic myrobalans, Cheiranthus himalayensis, Chrysanthemums, Eaglewood tree, Guduchi, Indian costus root, Pomegranate, Safflower, Spiny false poppy, blackberry, clove
Quality:	Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements
Name of the foodstuff:	A dietary supplement containing plant-based ingredients, based on a traditional Tibetan formula.