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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

FasaSana Multi-Fibre, 275 g powder

Product number: SH9000



Price

€23.22

~~€54.90~~ (57.7% saved)

previously €32.22

Prices incl. VAT plus shipping costs

Description

The gentle power of dietary fibre

FasaSana is an innovative multi-fibre dietary supplement. Together with valuable B vitamins and silica, FasaSana supports your wellbeing in a sustainable way.

The German Nutrition Society recommends an intake of 30 g of dietary fibre per day. However, according to the WHO (World Health Organization), many people in industrialised countries do not reach the required fibre intake.

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Dietary fibre is very important for our wellbeing. It is well known that it stimulates digestion and thereby promotes bowel movements. But there are further effects. The European Food Safety Authority (EFSA) has concluded that fibre can slow the absorption of carbohydrates (e.g. sugars) into the blood and thus help regulate blood glucose levels. It also prolongs the feeling of satiety, which supports weight management. In addition, fibre has a positive influence on serum cholesterol levels.

Fibre also offers other benefits: apple fibre contains secondary plant compounds such as flavonoids, which belong to the polyphenols. Potato extract contains antioxidants. Guar gum enhances the binding capacity of other fibres. Gum arabic is highly water-soluble and has a thickening effect on liquids.

Fibre is found mainly in cereal-based foods. Many people cannot tolerate these due to gluten sensitivity or gluten intolerance. For them, Fasa Sana is the gentle alternative. Targeted use of fibre is also recommended during detox programmes to bind toxins already in the intestine.

FasaSana contains 7 different – both soluble and insoluble – fibres. Also included: a natural vitamin B complex with all 8 B vitamins and silica powder.

Your benefits:

- 7 different fibres for natural intestinal function
- Complete vitamin B complex from a natural source (buckwheat germ extract)
- Good tolerability due to natural ingredients
- Contains pure silica powder from diatoms
- 100% vegan
- Gluten-free
- Lactose-free
- Safe and very well tolerated even with long-term use
- Free from additives, technical excipients and genetic engineering
- Free from preservatives, artificial flavours and synthetic colourings
- Developed in Switzerland, manufactured in Germany – 100% purity and safety
- Genuine, bioactive supplements of a new generation – hand in hand with the wisdom of nature (adaptogenic principle)*, various subtypes

Nutritional values

Average analytical values	per day measuring scoop of 6 g	NRV*
Dietary fibre	4 g	
Thiamine (Vitamin B1)	0.72 mg	65 %
Riboflavin (Vitamin B2)	1 mg	71 %
Niacin (Vitamin B3)	12.8 mg	80 %
Pantothenic acid (Vitamin B5)	4.9 mg	81 %
Vitamin B6	0.64 mg	46 %
Biotin	44 µg	88 %

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Folic acid	126 µg	70 %
Vitamin B12	1.8 µg	72 %

Values are subject to natural variations.

***Percentage of the reference values NRV (Nutritional Reference Value) in accordance with LMIV and ETD (CH).**

Ingredients

Psyllium husk, apple fibre, apple pectin, silica*, gelling agent: guar gum, potato extract, gum arabic (acacia fibre), vitamin B complex**, beta-glucan***
* from diatoms
** from buckwheat germ
*** from yeast cell membranes

Recommended intake

Dissolve one level measuring scoop (6 g) in a glass of water or juice once daily and drink promptly before a meal.

The ideal combination is with Kieselerde plus.

Storage instructions

Store in a cool, dry place away from light (do not refrigerate). After opening, always close the tin tightly and store in a dry place.

Legal information

The recommended daily intake should not be exceeded. Dietary supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of young children.

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Product information

Application:	Digestion
Dosage form:	In powder form.
Plants:	Acacia, Apple, Buckwheat, Psyllium husks
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements

Erstellt am 23.11.2026. Dieses Dokument stellt kein Angebot dar. Es gelten die aktuellen Preise im Online-Shop.
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