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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Acetyl-L-carnitine 500 mg, 60 capsules

Product number: VS2863



Price

Quantity	Unit price	Base price
To 1	€24.95	€542.39 / 1 Kilogramm
To 4	€23.70	€515.22 / 1 Kilogramm
From 5	€22.50	€489.13 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

Semi-essential amino acid

There are approximately 500 amino acids that occur in nature. 20 of these amino acids serve as building blocks for protein in the human body and are referred to as "proteinogenic amino acids". These amino acids are classified into the groups "essential", "semi-essential" and "non-essential".

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L-carnitine is one of the so-called semi-essential amino acids. This means that the body is able to produce part of these amino acids itself, while it depends on food for the remainder to meet daily needs. In foods it is found mainly in (red) meat and to a much lesser extent in plant foods. Acetyl-L-carnitine (short: ALCAR) is an acetylated form of carnitine. Carnitine is synthesised in the liver, kidneys and brain from the amino acids lysine and methionine, with vitamin C, iron, vitamin B6 and niacin acting as cofactors. Depending on requirements, carnitine can be converted into acetyl-L-carnitine and vice versa.

The advantage of supplementing with acetyl-L-carnitine compared with L-carnitine is that it crosses the blood–brain barrier more easily.

Active ingredients

Active ingredients*	per daily portion 2 capsules
Acetyl-L-carnitine	1000 mg

* No reference amount specified according to the LMIV

Ingredients

N-Acetyl-L-carnitine HCl, vegetable capsule (pullulan, from fermented cassava starch), anti-caking agent (rice fibres).

Recommended intake

As a dietary supplement for adults, take 2-3 capsules per day with water between meals (at least half an hour before or two hours after the E

Storage instructions

Store cool, dry and protected from light (do not refrigerate).

Legal information

Do not exceed the recommended daily intake. Dietary supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

Product information

Application:	Diet & Weight, Sport
Dosage form:	In vegan capsules.
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements