Adresse:
Talstr. 7
01099 Dresden

Kontakt:
Telefon: 015773998502
E-Mail: pdf@energyvital.de

Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Vitamin K2 + D3, 60 vegan softgel capsules

Product number: VS4423



Price

Quantity	Unit price	Base price
To 1	€24.95	€924.07 / 1 Kilogramm
To 4	€23.70	€877.78 / 1 Kilogramm
From 5	€22.45	€831.48 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

Vitamin D and K - best together!

Awareness of the significant effects of vitamin K2 and D3 on our health is steadily increasing. Therefore more and more people take vitamin K2 and D3 daily in the form of dietary supplements. Vitals offers a combination of vitamin K2 and D3. Research is increasingly providing insights into how pronounced the synergy effect is and how the metabolic functions complement each other. A potent combination!

Adresse:
Talstr. 7
01099 Dresden

Kontakt:
Telefon: 015773998502
E-Mail: pdf@energyvital.de

Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

The capsules of Vitals Vitamin K2 + D3 are vegan and softgel. They contain a generous amount of both fat-soluble vitamins, based on MCT oil. To protect the vitamins, which are very light-sensitive, the softgel capsule has been made opaque with iron oxide. Softgel capsules are very popular and are extremely pleasant to use because they are easy to swallow. Fortunately, softgel capsules are no longer only based on gelatine. There are now plant-based alternatives available, such as tapioca starch from cassava.

The vitamin D3 contained in this product under the brand Vitamin D3V® is also of plant origin (. It is produced from algae and not from sheep's wool fat, as many vitamin D3 products still available are. This product is therefore also suitable for vegans without concern. The vitamin K2 is offered by the Norwegian K2 expert Balchem as K2VITAL™. As with previous occasions, we have again chosen only high-quality branded ingredients. You already know that from Vitals!

Vitamins K and D work together to bring calcium to where it is needed. In the body, vitamin D ensures the production of a special protein that depends on the action of vitamin K. The so-called Gla-proteins are activated by vitamin K to function properly. Osteocalcin(1) and matrix Gla protein (MGP)(2) are significant examples of this. Binding calcium is a common feature of these K-dependent Gla proteins. Vitamin K and vitamin D are responsible for ensuring that the calcium from our diet is transported to the right places in the body.

The superior forms are vitamin K2 and D3.

The main task of vitamin K1 is the activation of the proteins necessary for blood clotting. This occurs primarily through its uptake in the liver. Outside the liver, vitamin K2 is also required to activate other protein forms that depend on vitamin K (such as osteocalcin and MGP). There are different forms of vitamin K2 (also called "menaquinone"), among which the best known are MK-4, MK-7, MK-8 and MK-9. Menaquinone-7 (MK-7) is considered, according to current scientific knowledge, to be the most effective form of vitamin K2. MK-7 is well absorbed and remains in the body for a long time so that it can act.

The most common forms of vitamin D (calciferol) are vitamin D2 (ergocalciferol) and vitamin D3 (cholecalciferol). Cholecalciferol is produced in human skin by ultraviolet light, such as sunlight (hence the name "sun vitamin"). In the liver these vitamin D forms are converted into calcidiol (25-hydroxyvitamin D). In the kidneys and in other cells and tissues, calcidiol is converted as needed into the biologically active hormone calcitriol (1,25-dihydroxyvitamin D). For supplementation, however, it is important to note that vitamin D3 appears in most cases to be more effective than vitamin D2 at raising calcidiol and ultimately calcitriol levels in the blood.

K2VITAL™ from the Norwegian house Balchem, a specialist for K2 Vitamin K2 is considered very unstable in dietary supplements. The vitamin K2 content of a product can rapidly decrease in connection with minerals or certain excipients. This is of course very undesirable, as a dietary supplement should ideally be storable for the entire duration of its shelf life. The manufacturer Balchem from Norway has developed K2 base materials that have proven to be very pure and stable. Scientists who study the action of vitamin K in the human body for good reason choose Balchem's K2 vitamin as a first option. After extensive stability tests with different K2 base materials in various compositions, Vitals selected Balchem as the supplier for vitamin K2. The results were simply convincing.

Nutritional properties

- **Vitamin D:**
  - Vitamin D supports cell division.
  - Vitamin D contributes to the maintenance of normal muscle function, normal teeth and normal bones.
  - Vitamin D contributes to the normal function of the immune system.
  - Vitamin D contributes to normal absorption and utilisation of calcium and phosphorus and to a normal calcium level in the blood.

Adresse:
Talstr. 7
01099 Dresden

Kontakt:
Telefon: 015773998502
E-Mail: pdf@energyvital.de

Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Vitamin K2:

- Vitamin K contributes to normal blood clotting.
- Vitamin K contributes to the maintenance of normal bones.

Nutritional declaration

Micronutrients	per daily portion 1 capsule
Vitamin D	25 µg (500 %*)
Vitamin K	90 µg (120 %*)

*Reference intake according to Regulation (EU) No. 1169/2011
K2VITAL™ is a trademark of the Balchem Corporation or its subsidiaries. Vitamin D3V® is a registered trademark of ProTecNutra Ltd.

Ingredients

MCT oil, modified tapioca starch (Manihot esculenta, plant-based softgel capsule), humectant (glycerol), purified water, vitamin K2, vitamin D3 (from algae), colouring (iron oxide).

Recommended intake

Take 1–2 softgel capsules per day with water with a (fat-containing) meal.

Caution

This dietary supplement is not suitable for children up to and including 10 years of age. As this product contains vitamin K, it is not suitable for simultaneous use with coumarin derivatives (anticoagulants such as acenocoumarol and phenprocoumon). These medicinal products are also referred to as vitamin K antagonists and their effectiveness is reduced by the intake of vitamin K from food and dietary supplements.

Storage instructions

Store in a cool, dry, light-protected place (do not refrigerate).

Legal notices

The recommended daily dose must not be exceeded. Dietary supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

Adresse:
Talstr. 7
01099 Dresden

Kontakt:
Telefon: 015773998502
E-Mail: pdf@energyvital.de

Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Product information

Application:	Bones & Joints
Dosage form:	In vegan capsules.
Micronutrients:	Vitamin D, Vitamin K
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements

Erstellt am 25.11.2026. Dieses Dokument stellt kein Angebot dar. Es gelten die aktuellen Preise im Online-Shop.
All prices incl. VAT plus shipping costs and possible delivery charges, if not stated otherwise.