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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Women's formula Pro 45+, 60 tablets

Product number: VS3730



Price

Quantity	Unit price	Base price
To 1	€32.95	€540.16 / 1 Kilogramm
To 4	€31.30	€513.11 / 1 Kilogramm
From 5	€29.65	€486.07 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

Detailed information on Frauenformel Pro

After the life phase during which the female body is constantly accompanied by the female hormonal cycle, around the age of 45 a phase begins in which a new, more stable balance in the women’s hormonal system becomes established. The transition into this new stage of life can be accompanied by problems for some women. Frauenformel Pro 45+ is a carefully formulated blend with ingredients that provide ideal support during the menopause. Herbs of the highest possible quality and purity and with the strongest possible scientific foundation

were selected.

Maca

Maca is a tuber that naturally occurs at high altitudes in the Andes of Peru. Peruvians traditionally use maca because of its positive effects on physical and mental health. Maca is referred to as an “adaptogen”. Adaptogens are herbs that help the body cope with various physical and psychological challenges, thereby contributing to the maintenance of balance. What many do not know is that there are several types of maca, each with a different phytochemical composition and a different efficacy. The different types of maca are distinguished by the colour of the tuber, which can be, among others, yellow, red or black. Black maca is regarded as a typical “male maca” due to the particular proportions of characteristic maca constituents (such as glucosinolates and lignans). Yellow maca (with different glucosinolates) is instead considered more of a “female maca”. MacaHarmony® is a maca concentrate made from an effective combination of maca types and specifically developed to support physical and mental balance in women. Natural Health International produces MacaHarmony® using a unique process. The unsprayed maca is treated gently so that the naturally occurring phytonutrients are preserved. A further manufacturing process ensures that MacaHarmony® is absorbed as effectively as possible as a dietary supplement.

Black cohosh

Black cohosh is the herb most commonly used during the menopause. Here it is very important that the quality is good and the standards are consistent. The mechanisms of action of black cohosh are not yet fully understood, but it does not contain phytoestrogens as previously assumed. The black cohosh extract in Frauenformel Pro 45+ is standardised to a content of 2.5% triterpene glycosides, the active compounds of the plant’s rhizome.

Ashwagandha

Like maca, ashwagandha is a herb that has a potent adaptogenic effect. For the type of action see the above note for your own information search. Frauenformel Pro contains a high dose of the well-known ashwagandha extract KSM-66® from the manufacturer Ixoreal. The development of this specialised extract was based on fourteen years of research. A specially developed extraction process (without toxic or environmentally harmful solvents) is used for KSM-66®. This produces a broad-spectrum extract in which the natural properties of the original plant are preserved. Ixoreal also deliberately chooses to use only unsprayed ashwagandha plants. In other words: KSM-66® not only offers the highest quality, it is also the most thoroughly researched ashwagandha extract worldwide (Bakhtiar Choudhary, Shetty A, and Deepak G Langade 2015).

Maritime pine bark extract

Pycnogenol® is a patented and standardised extract from the bark (the outer part of the bark) of the maritime pine (Pinus pinaster), a pine species that grows on the southwest coast of France. These trees are traditionally referred to as pines. The extract is rich in different types of polyphenols, including oligomeric proanthocyanidins (OPCs) and organic acids (including ferulic acid, cinnamic acid and caffeic acid). The use of Pycnogenol® has a long tradition. It has been used as a dietary supplement for about 40 years. Today it is one of the most researched nutrients in the world with more than 300 scientific publications. Pycnogenol® has a strong antioxidant effect.

Active ingredients

Active ingredients*	**per 2 tablets**
Maca (Maca-GO®, 0.3% glucosinolates)	1000 mg
Ashwagandha extract (KSM-66®, 5% withanolides)	150 mg

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Black cohosh extract (2.5% triterpene glycosides)	40 mg
Maritime pine bark extract (Pycnogenol®)	30 mg

* No reference intake specified under the EU Food Information to Consumers Regulation (FIC)

Ingredients

Maca (Lepidium peruvianum Chacon, root), filler (microcrystalline cellulose [cellulose gel]), ashwagandha extract (Withania somnifera, root, contains milk), anti-caking agents (silicon dioxide, magnesium salts of fatty acids, hydroxypropylcellulose), black cohosh extract (Cimicifuga racemosa, rhizome), French maritime pine bark extract (Pinus pinaster, bark), coating agent (hydroxypropylmethylcellulose), humectant (glycerol).

Recommended use

Take 1 tablet twice daily with water with a meal. If the result is not sufficient, the dose may be temporarily increased to 2 tablets twice daily.

Notice

In the case of hyperthyroidism or when taking thyroid medication, consult your doctor before using an ashwagandha supplement. Do not use during pregnancy or breastfeeding.

Storage instructions

Store in a cool, dry, dark place (do not refrigerate).

Legal information

The recommended daily intake should not be exceeded. Dietary supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

Product information

Application:	Women
Dosage form:	As a tablet.
Plants:	Ashwagandha, Grape-leaved black cohosh, Maca, Maritime pine bark extract
Quality:	Gluten-free, Lactose-free, Vegetarian
Allergens:	Milk
Product type:	Dietary supplements