Adresse:
Talstr. 7
01099 Dresden

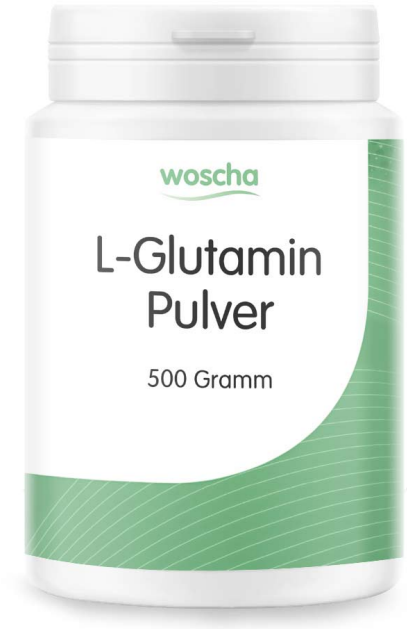
Kontakt:
Telefon: 015773998502
E-Mail: pdf@energyvital.de

Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

L-Glutamine, 500 g powder

Product number: PM1072



Price

€38.22

~~€42.50~~ (10.07% saved)

previously €39.00

Prices incl. VAT plus shipping costs

Description

Pure L-glutamine powder for the right amount

L-glutamine makes up the largest proportion of amino acids in our body, at 20%. It is found mainly in muscle cells, where it is also produced.
As an important component in protein synthesis, L-glutamine plays a central role in the metabolism of plants, animals, fungi and bacteria. It is present in large amounts in wheat protein, dairy products, soya (soya protein) and maize (maize protein).
L-glutamine is important as a precursor for glutathione, glutamic acid and GABA (gamma-aminobutyric acid).

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As a powder it is particularly suitable for people who prefer to dose glutamine themselves or take it in drinks, protein shakes, muesli or similar.

What L-glutamine does

L-glutamine is an important building block for the production of glutathione, a sulphur-containing amino acid that combats free radicals in the body.
Part of the L-glutamine is converted into glutamic acid. Glutamic acid can bind ammonia, a waste product of our normal metabolism. In addition, L-glutamine is the precursor for GABA (gamma-aminobutyric acid). GABA is an important neurotransmitter in the brain and promotes the release of somatotropin.

Nutritional ingredients

Nutritional substances*	per daily portion ½ measuring scoop
L-glutamine	3000 mg

* No reference intake specified according to the FIC

Ingredients

L-glutamine.

Recommended intake

Take ½ measuring scoop 1–2 times daily on an empty stomach with fruit juice or water.

Storage instructions

Store in a cool, dry place protected from light (do not refrigerate).

Legal information

The recommended daily intake must not be exceeded. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of young children.

Product information

Application:	Sport, Metabolism
Dosage form:	In powder form.
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements