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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Super Relax, 90 capsules

Product number: SH3010



Price

Quantity	Unit price	Base price
To 1	€49.90	€744.78 / 1 Kilogramm
To 4	€47.40	€707.46 / 1 Kilogramm
From 5	€44.91	€670.30 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

A natural way to relax

In daily life we are often stressed. Many people find it difficult to get through the day with energy while remaining calm. Super Relax was developed to support the nerves, the psyche and inner balance in a natural way. The text should be rewritten in plain language. The formulation helps the body to balance and regulate itself, not just by adding nutrients.

Mixed in a balanced way, inspired by nature.

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Like nature, Super Relax works in many ways. It contains natural B vitamins, several sources of magnesium and selected plant extracts and oils to make use of the benefits of natural combinations. At its core is a blend of frankincense and ginger that has been tested and supplements natural nutrients.

Substances for nerves, emotions & mental balance.

In Super Relax different substances work together. Each nutrient has a special function. Together they form a natural basis for energy and resilience in everyday life. Super Relax is very helpful and supportive.

- Magnesium, biotin and the vitamins B1, B2, B3, B6 and B12 are important for the nerves. They also help with psychological resilience. Magnesium, biotin, folate as well as the vitamins B1, B3, B6 and B12 support this.
- Magnesium, biotin and the vitamins B1, B2, B3, B5, B6 and B123 provide energy. These help to reduce tiredness during the day. Magnesium, folate as well as the vitamins B2, B3, B5, B6 and B124 contribute to this.

The various functions help to naturally balance the body and get you through the day full of energy.

Good ingredients are carefully selected and combined.

Even during production old wisdom and traditional rules were taken into account. These rules help to combine ingredients so that they support and balance each other. In Super Relax a special frankincense-ginger mix is the most important. It contains high-quality extracts of both plants with their important substances in high concentration.

The B vitamins come from sprouted buckwheat. All eight B vitamins are contained in their natural form and variety, embedded in their natural environment.

There are two very good sources of magnesium that can be used.

- Magnesium bisglycinate is bound to the amino acid glycine.
- Sea magnesium contains over 70 elements from the Atlantic red algae Lithothamnium.

Super Relax contains many different natural ingredients. The formulation includes passionflower extract and fragrant oils of sweet orange and lavender, which have a relaxing effect. A scent that stands for good quality. This creates a pleasant blend that leaves room for silence and rest.

A good supplement for anyone who ...

- wants to be calmer in everyday life.
- people who want to specifically strengthen their nerves and psyche, want to do more for their inner balance in stressful times.

People who want to go through the day full of energy are looking for a product that fits with sleep. Balance Plus is intended for the night.

The good points for you.

- A product of frankincense and ginger that has been confirmed by studies.
- Buckwheat sprouts rich in vitamins contain all 8 B vitamins that are not artificially produced. The B vitamins are present in their natural form and variety, together with their natural accompanying substances.
- Magnesium bisglycinate is magnesium that is bound to the important amino acid glycine.
- Natural magnesium from the sea with many other minerals from a species of Atlantic algae.
- Sea minerals are additional elements from the sea in concentrated form. Easily absorbed by the body.

- The capsule is easy to take.
- Everything is vegan.
- The capsule shell is made from pure plant materials (HPMC) and contains no carrageenan or PEG.
- Gluten-free Lactose-free
- Even with regular consumption it is safe and well tolerated.
- Without added substances, technical excipients or genetic engineering.
- The product contains no preservatives, artificial flavours, sweeteners or synthetic colourings.
- The product is stored in a brown glass bottle to protect it from light and oxidation. The bottle contains no plasticisers such as BPA.
- Designed in Switzerland, produced in Germany. Everything is 100% pure and safe.
- New dietary supplements that are active and derived from natural ingredients work with the wisdom of nature (adaptogenic principle).

Recognised effects of the nutrients contained in Super Relax:

Magnesium

- Magnesium contributes to the normal functioning of the nervous system.
- Magnesium contributes to normal psychological function.
- Magnesium contributes to the reduction of tiredness and fatigue. Magnesium contributes to normal energy metabolism.
- Magnesium contributes to normal muscle function.
- Magnesium contributes to the maintenance of normal bones.
- Magnesium contributes to the maintenance of normal teeth.
- Magnesium contributes to normal protein synthesis.
- Magnesium contributes to electrolyte balance.
- Magnesium has a role in cell division.

Vitamin B1 (Thiamin)

- Thiamin contributes to the normal functioning of the nervous system.
- Thiamin contributes to normal psychological function.
- Thiamin contributes to normal energy metabolism.
- Thiamin contributes to normal heart function.

Vitamin B2 (Riboflavin)

- Riboflavin contributes to the normal functioning of the nervous system.
- Riboflavin contributes to normal energy metabolism.
- Riboflavin contributes to the reduction of tiredness and fatigue.
- Riboflavin contributes to the maintenance of normal mucous membranes.
- Riboflavin contributes to the maintenance of normal red blood cells.
- Riboflavin contributes to the maintenance of normal skin.
- Riboflavin contributes to the maintenance of normal vision.
- Riboflavin contributes to normal iron metabolism.
- Riboflavin helps to protect cells from oxidative stress.

Vitamin B3 (Niacin)

- Niacin contributes to the normal functioning of the nervous system.

- Niacin contributes to normal psychological function.
- Niacin contributes to the reduction of tiredness and fatigue.
- Niacin contributes to normal energy metabolism.
- Niacin contributes to the maintenance of normal mucous membranes.
- Niacin contributes to the maintenance of normal skin.

Vitamin B5 (Pantothenic acid)

- Pantothenic acid contributes to the reduction of tiredness and fatigue.
- Pantothenic acid contributes to normal energy metabolism.
- Pantothenic acid contributes to normal mental performance.
- Pantothenic acid contributes to normal synthesis and normal metabolism of steroid hormones, vitamin D and some neurotransmitters.

Vitamin B6 (Pyridoxine)

- Vitamin B6 contributes to the normal functioning of the nervous system.
- Vitamin B6 contributes to normal psychological function.
- Vitamin B6 contributes to the reduction of tiredness and fatigue.
- Vitamin B6 contributes to normal energy metabolism.
- Vitamin B6 contributes to normal homocysteine metabolism.
- Vitamin B6 contributes to normal cysteine synthesis.
- Vitamin B6 contributes to normal protein and glycogen metabolism.
- Vitamin B6 contributes to normal formation of red blood cells.
- Vitamin B6 contributes to the normal functioning of the immune system.
- Vitamin B6 contributes to the regulation of hormonal activity.

Biotin

- Biotin contributes to the normal functioning of the nervous system.
- Biotin contributes to normal psychological function.
- Biotin contributes to normal energy metabolism.
- Biotin contributes to normal macronutrient metabolism.
- Biotin contributes to the maintenance of normal hair.
- Biotin contributes to the maintenance of normal mucous membranes.
- Biotin contributes to the maintenance of normal skin.

Folic acid

- Folate contributes to normal psychological function.
- Folate contributes to the reduction of tiredness and fatigue.
- Folate contributes to the growth of maternal tissue during pregnancy.
- Folate contributes to normal amino acid synthesis.
- Folate contributes to normal blood formation.
- Folate contributes to normal homocysteine metabolism.
- Folate contributes to normal immune function.
- Folate has a role in cell division.

Vitamin B12 (Cobalamin)

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- Vitamin B12 contributes to the normal functioning of the nervous system.
- Vitamin B12 contributes to normal psychological function.
- Vitamin B12 contributes to normal energy metabolism.
- Vitamin B12 contributes to the reduction of tiredness and fatigue.
- Vitamin B12 contributes to normal homocysteine metabolism.
- Vitamin B12 contributes to normal formation of red blood cells.
- Vitamin B12 contributes to the normal functioning of the immune system.
- Vitamin B12 has a role in cell division.

Nutritional information

Micronutrients	per daily serving 3 capsules
Pantothenic acid	2.1 mg (36 %*)
Thiamin	0.3 mg (28 %*)
Riboflavin	0.4 mg (23 %*)
Niacin	5.5 mg NE*** (35 %*)
Vitamin B6	0.3 mg (21 %*)
Folic acid	66 µg (33 %*)
Vitamin B12	0.7 µg (28 %*)
Biotin	19.2 µg (38 %*)
Magnesium	207 mg (55 %*)

*Reference intake value according to Regulation (EU) No. 1169/2011
**Information on vitamin E content (α-TE = Total alpha-tocopherol equivalents)
***Niacin equivalent

Active ingredients

Active substances*	per daily serving 3 capsules
Plant extract complex	300 mg
Vitamin-rich buckwheat sprout powder	195 mg

* No reference amount specified according to the FIC Regulation

Ingredients

Magnesium bisglycinate, magnesium hydroxide (from the Atlantic red algae Lithothamnium), plant extract complex from frankincense (Boswellia serrata) and ginger (Zingiber officinale), hydroxypropylmethylcellulose (plant capsule shell), vitamin-rich buckwheat sprout powder, passionflower extract (Passiflora incarnata, 10:1, 2% flavonoids), sea minerals, medium-chain triglycerides (MCT from coconut oil), sweet orange oil (Citrus sinensis), lavender oil (Lavandula angustifolia).

Recommended intake

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Take 3 capsules daily, spread over the day, with sufficient liquid.

Tip

For better falling asleep* and a fresh start to the day we recommend Super Relax – for the day + Schlaf Balance Plus – for the night. For this, additionally take 1 capsule of Schlaf Balance Plus 30 to 60 minutes before falling asleep.

Storage instructions

Store in a cool, dry, dark place (do not refrigerate).

Legal notice

The recommended daily dose should not be exceeded. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

Product information

Application:	Relaxation
Dosage form:	In vegan capsules.
Micronutrients:	Vitamin B complex
Plants:	Buckwheat, Incense, Lavender, Orange, Passion flower
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements