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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Amino 9 Essentials, 150 g powder

Product number: PV3994



Price

Quantity	Unit price	Base price
To 1	€15.90	€106.00 / 1 Kilogramm
To 4	€15.10	€100.67 / 1 Kilogramm
From 5	€14.30	€95.33 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

Amino 9 Essentials – Essential amino acids for muscle growth and recovery

Amino 9 Essentials provides all nine essential amino acids, including histidine, in an optimised composition. The free amino acids serve to specifically supplement daily protein intake and are particularly suitable for athletes and people with increased protein requirements.

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The amino acids are present **100 % in free, crystalline form** and, according to the manufacturer, are available in the blood after approximately 25 minutes. The product is free from fat, sugar, gluten, yeast as well as wheat, soya and milk proteins.

Origin and quality

Amino 9 Essentials is produced by fermentation from plant-based raw materials and contains no artificial additives.

- 100 % plant-based and GMO-free
- Gluten-free, hypoallergenic and pH-neutral
- No fillers, tableting aids or additives
- Virtually calorie-free

Main benefits

- All nine essential amino acids including histidine
- High leucine content
- To supplement protein intake and for a sports-appropriate diet
- Ideal for muscle growth, recovery and maintenance
- Suitable for vegan and vegetarian diets

Nutritional values per serving (6 g)

- Energy: under 5 kcal
- Fat: 0 g
- Carbohydrates: 0 g
- Free amino acids: 6 g
- Salt: 0 g

Who is Amino 9 Essentials suitable for?

- Athletes and active people
- People with increased protein requirements
- Vegetarians and vegans
- People in dieting phases who wish to supplement their protein intake
- Older people with particular attention to protein intake

Recommended intake

Daily **6–9 g (2–3 measuring scoops of 3 g)** taken with water. Intake before or after training is possible.

Frequently Asked Questions (FAQ)

How quickly are the amino acids available?

According to the manufacturer, the free amino acids are available in the blood after approximately 25 minutes. An enzymatic breakdown of the amino acids is not required.

Is Amino 9 Essentials suitable for diets?

With less than 5 kcal per 6 g portion, the product can be incorporated into a calorie-conscious diet.

Is the product well tolerated?

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The formulation is free from gluten, lactose, soya and milk proteins as well as other stated additives. Individual intolerances should nevertheless be taken into account.

Amino 9 Essentials – targeted supplementation of protein intake

All nine essential amino acids in free form, of plant origin and virtually calorie-free. Ideal for supplementing a sports-appropriate diet and for anyone who values targeted amino acid supply.

Valuable ingredients

Nutritionally valuable substances*	Proportion	**per daily serving 6 g**	**per daily serving 9 g**
L-Leucine	33 %	1980 g	2970 mg
L-Valine	14.8 %	890 g	1330 mg
L-Lysine	14.8 %	890 mg	1330 mg
L-Phenylalanine	12 %	720 mg	1080 mg
L-Threonine	10 %	600 mg	900 mg
L-Isoleucine	6 %	360 mg	540 mg
L-Histidine	4.7 %	280 mg	420 mg
L-Methionine	3.3 %	200 mg	300 mg
L-Tryptophan	1.4 %	80 mg	130 mg

* No reference intake specified according to the Food Information Regulation (LMIV)

Ingredients

L-Leucine, L-Valine, L-Lysine HCl, L-Phenylalanine, L-Threonine, L-Isoleucine, L-Histidine, L-Methionine, L-Tryptophan.

Consumption recommendation

Take 1 measuring scoop of 3 g 2–3 times daily with plenty of water 30 minutes before a meal.

Storage instructions

Store cool, dry and protected from light (do not refrigerate).

Legal information

The recommended daily intake must not be exceeded. Dietary supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of young children.

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Product information

Application:	Diet & Weight, Sport, Metabolism
Dosage form:	In powder form.
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements