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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Magnesium chloride flakes Zechstein, 1 kg

Product number: PV3212



Price

€11.90

Prices incl. VAT plus shipping costs

Description

Magnesium chloride flakes – pure Zechstein magnesium for bath & wellness

The **magnesium chloride flakes from the original Zechstein primordial sea** stand for natural origin, high purity and versatile use. Ideal for relaxing full-body and foot baths as well as soothing wellness and recovery rituals.

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The magnesium chloride comes from a deposit several hundred million years old, protected deep beneath the earth. Extraction takes place under controlled conditions. The natural salt crystals are gently processed into fine, highly water-soluble flakes.

The advantages at a glance

- **Original Zechstein magnesium**
- High natural magnesium chloride content
- **100% natural**, without fragrances, colours or preservatives
- Very water-soluble
- Suitable for **full-body and foot baths**
- Odourless and pleasant on the skin
- Ideal for wellness, relaxation and recovery

Soothing magnesium baths

A warm bath with magnesium chloride flakes combines the soothing effect of heat and water with a natural mineral. Particularly popular are applications after sporting activity, long working days or as a relaxing evening ritual.

Magnesium contributes in the body, among other things, to normal muscle function, normal nervous system function and a normal energy metabolism. The topical application of magnesium chloride is being scientifically investigated and is particularly widespread in the wellness sector.

Natural & versatile

The pure flakes are suitable for various applications:

- Relaxing full-body baths
- Foot baths after long periods of standing or walking
- Wellness rituals
- Baths after physical activity

Thanks to their high water solubility, the flakes disperse quickly in warm water. Without artificial additives they offer an uncomplicated addition to mindful wellness routines.

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Origin from the Zechstein primordial sea

The Zechstein primordial sea formed more than **250 million years** ago. After drying out, massive salt and mineral deposits remained, which now lie deep beneath the earth’s surface. This protected origin is a special feature of Zechstein magnesium.

Magnesium chloride flakes – natural mineral quality for relaxing baths, wellness and mindful breaks.

Usage

Use as a **full-body or foot bath** is particularly suitable for relaxing magnesium baths. The water temperature should **not exceed 37 °C**. A bathing time of **20–30 minutes** is recommended.

Dosage & concentration

The flakes contain **47% magnesium chloride**; 1 g of flakes provides about **120 mg elemental magnesium**.

Example:
For 1 litre of an approximately **7% brine**, 150 g flakes are mixed with 850 ml water. This corresponds to about 18 g of magnesium contained.

Full bath: approx. **750 g flakes**

Foot bath: For 5 litres of water the following are suitable:

200 g flakes → approx. 2% brine

300 g flakes → approx. 3% brine

Correspondingly higher amounts for stronger concentrations

Magnesium oil spray

As an alternative, a **7% brine** can be used as a body spray. Afterwards, rub well into the damp skin. If fully rubbed in, no greasy film remains.

5.5 ml or approx. 40 pump strokes contain about **100 mg elemental magnesium**.

For relaxing wellness applications, full baths, foot baths or the magnesium spray are particularly suitable as part of the **evening routine**.

Storage

Magnesium chloride is **hygroscopic** and absorbs moisture from the surroundings. Therefore keep the packaging **tightly closed** at all times.

Erstellt am 23.11.2026. Dieses Dokument stellt kein Angebot dar. Es gelten die aktuellen Preise im Online-Shop.
All prices incl. VAT plus shipping costs and possible delivery charges, if not stated otherwise.

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Product information

Application:	Relaxation, Skin & Hair, Sport
Dosage form:	In granule form.
Micronutrients:	Magnesium
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Cosmetics

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