Adresse:
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Kontakt:
Telefon: 015773998502
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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Omega 3-6-9, 90 vegetarian softgels

Product number: PM8050



Price

Quantity	Unit price	Base price
To 1	€21.90	€193.81 / 1 Kilogramm
To 4	€20.80	€184.07 / 1 Kilogramm
From 5	€19.70	€174.34 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

Linseed oil with valuable unsaturated fatty acids

Natura Felix Omega 3-6-9 provides valuable omega-3, omega-6 and omega-9 fatty acids from high-quality, cold-pressed linseed oil. The purely plant-based product contains around **90% unsaturated fatty acids** and a particularly high proportion of **alpha-linolenic acid (ALA)**.

Your benefits at a glance

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- 100% plant-based – suitable for vegans and vegetarians
- Capsule shell made from carrageenan and starch
- approx. 90% unsaturated fatty acids
- high content of alpha-linolenic acid (ALA)
- from high-quality, cold-pressed linseed oil
- Vitamin E to protect the cells from oxidative stress
- ideal as a supplement to a balanced, cholesterol-conscious diet

High-quality linseed oil – naturally and gently obtained

Natura Felix Omega 3-6-9 uses cold-pressed linseed oil. The gentle processing preserves the valuable constituents of the linseed oil in their natural composition.

Linseed oil is among the plant oils with the highest content of **alpha-linolenic acid (ALA)**. In addition, it contains linoleic acid (LA), an omega-6 fatty acid, as well as oleic acid (omega-9).

Vitamin **E** also occurs naturally in linseed oil. It helps to protect the cells from oxidative stress.

Omega-3 from a plant source

The contained omega-3 fatty acid **alpha-linolenic acid (ALA)** helps to maintain normal blood cholesterol levels. Thus, Natura Felix Omega 3-6-9 is a convenient plant-based source of ALA and a sensible addition to a balanced diet.

Note: ALA can be converted by the body into the omega-3 fatty acids EPA and DHA, however only to a limited extent. EPA and DHA occur naturally mainly in oily fish.

Valuable constituents

Valuable constituents*	**per daily portion 1 capsule**
Linseed oil (Linum usitatissimum) cold-pressed	1000 mg
contains omega-3 as alpha -linolenic acid (ALA)	500 mg
contains omega-6 as linoleic acid (LA)	120 mg
contains omega-9 as oleic acid (OA)	120 mg

* No reference intake according to the Food Information Regulation is specified

Ingredients

Linseed oil, Veggie softgels: (hydroxypropyl starch, carrageenan, glycerin, water, hydroxypropyl distarch phosphate, trisodium citrate).

Recommended intake

1 soft capsule 1–3 times daily, with meals.

Storage instructions

Store in a cool, dry, dark place (not in the refrigerator).

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Legal information

The recommended daily intake should not be exceeded. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of small children.

Product information

Application:	Brain, Heart & Blood Vessels
Dosage form:	In vegan capsules.
Plants:	Linseed
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements