Adresse:
Talstr. 7
01099 Dresden

Kontakt:
Telefon: 015773998502
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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Calcium (calcium citrate with high bioavailability=, 180 VegeCaps

Product number: EB0570



Price

€24.22

~~€29.90~~ (19% saved)

previously €29.90

Prices incl. VAT plus shipping costs

Description

Calcium – not just important for bones

Calcium is best known as a component of bones and teeth. However, the importance of this essential nutrient is much more diverse. Calcium also plays an important role in the normal function of muscles, signal transmission

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between nerve cells and the normal function of blood clotting. As it can only be obtained through the diet, it is important to ensure an adequate supply. This becomes even more important in certain life stages: for example in children during growth phases, during increased stress or athletic activity, or for women after the menopause.

Many dietary supplements contain cheap and poorly absorbable compounds such as carbonates. Using the citrate form allows calcium to be absorbed better. It is also much more tolerable and therefore suitable for sensitive stomachs.

Nutritional properties

Calcium ...

- contributes to normal signal transmission between nerve cells.
- contributes to the normal function of digestive enzymes.
- contributes to normal blood clotting.
- contributes to normal energy metabolism.
- contributes to normal muscle function.
- has a role in cell division and cell differentiation.
- is required for the maintenance of normal bones and normal teeth.

Nutritional information

Micronutrients	per daily portion 5 capsules
Calcium	450 mg (459 %*)

*Reference value according to Regulation (EU) No. 1169/2011

Ingredients

Calcium citrate (426 mg per capsule, of which 90 mg is elemental calcium), cellulose (VegeCaps).

Recommended intake

Take daily **before meals**, according to the following guidelines:

- 1–3 years: 3 capsules daily (270 mg calcium)
- 4–6 years: 4 capsules daily (360 mg calcium)
- 7–9 years: 5 capsules daily (450 mg calcium)
- 10–12 years: 6 capsules daily (540 mg calcium)
- 13–18 years: 6 capsules daily (540 mg calcium)
- Adults (from 19 years): 5 capsules daily (450 mg calcium)

Storage instructions

Store in a cool, dry place away from light (do not refrigerate).

Legal information

Do not exceed the recommended daily intake. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of young children.

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Product information

Application:	Bones & Joints
Dosage form:	In vegan capsules.
Micronutrients:	Calcium
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements

Erstellt am 23.11.2026. Dieses Dokument stellt kein Angebot dar. Es gelten die aktuellen Preise im Online-Shop.
All prices incl. VAT plus shipping costs and possible delivery charges, if not stated otherwise.