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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Omega-3 FISH, 150 ml

Product number: NS1128



Price

Quantity	Unit price	Base price
To 1	€21.00	€140.00 / 1 Liter
To 4	€19.90	€132.67 / 1 Liter
From 5	€18.50	€123.33 / 1 Liter

Prices incl. VAT plus shipping costs

Description

NORSAN Omega-3 FISK – Natural omega-3 oil for the whole family

NORSAN Omega-3 FISK combines natural, high-strength fish and cod oils from sustainable wild catch with cold-pressed olive oil. The liquid formulation is especially suitable for children and adolescents, but also for adults.

With 1,030 mg omega-3 per daily dose (5 ml) as well as vitamins D3 and E, the oil provides valuable polyunsaturated fatty acids. A practical measuring cup is included.

The advantages of NORSAN Omega-3 FISK

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- 1,030 mg omega-3 per daily dose (5 ml)
- Rich in EPA and DHA
- Natural fish and cod oils from sustainable wild catch
- Friend of the Sea certified (https://norsan.de/zertifizierungen)
- High-strength, without concentrates
- With cold-pressed, organic olive oil
- Pleasant, natural orange flavour
- Tested for heavy metals, contaminants and PCBs
- No added sugar
- With 400 IU vitamin D per daily dose

Natural fish oils of high quality

Natural fish and cod oils contain a complex mix of over 50 fatty acids. The raw materials come from Norway and are processed under strict quality requirements.

The oils are tested for contaminants and PCBs. The olive oil contained acts as a natural antioxidant and helps protect the sensitive fatty acids.

Positive properties of omega-3 (EPA and DHA)

EPA and DHA make an important contribution to various bodily functions:

- EPA and DHA contribute to normal heart function.*
- DHA contributes to the maintenance of normal brain function.*
- DHA contributes to the maintenance of normal vision.*
- DHA supports the normal development of the brain and eyes in the foetus and breastfed infant.*
- DHA contributes to the normal development of vision in infants up to 12 months of age.*

*The beneficial effects occur with the appropriate daily intake. Further information on intake amounts and approved health claims can be found at norsan.de/omega-3-efsa/.

Pleasant orange flavour – easy to take

Thanks to the high-quality raw materials, NORSAN Omega-3 FISK has a pleasant natural orange flavour. The liquid oil can be easily integrated into the daily diet – for example in smoothies, purees or yoghurt.

The liquid form also enables simple dosing and makes daily intake easier.

Recommended daily dosage: 5 ml (1 teaspoon)

Composition per daily dose:

- 1.8 g fish oil
- 1.8 g cod oil
- 0.9 g olive oil

Nutrition declaration

Micronutrients	per daily portion 5 ml
Vitamin E	3.6 mg α-TE** (30 %*)

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Vitamin D	10 µg (200 %*)

*Reference intake according to Regulation (EU) No. 1169/2011
**Information on vitamin E content (α-TE = Total alpha-tocopherol equivalents)

Key active ingredients

Active substances*	per daily portion 5 ml
EPA (eicosapentaenoic acid)	448 mg
DHA (docosahexaenoic acid)	382 mg
DPA (docosapentaenoic acid)	56 mg

* No reference intake specified according to EU food information regulations

Ingredients

Natural **fish** oil (40%), natural cod oil (40%), olive oil (19.9%), orange oil, mixed and d-a-tocopherols, cholecalciferol.

Recommended use

Different daily intake amounts are recommended depending on body weight:

up to 9 kg: 2.5 ml (½ teaspoon) every 2 days
17–35 kg: 2.5 ml daily (½ teaspoon)
from 35 kg: 5 ml daily (1 teaspoon)

For toddlers: recommended from the introduction of complementary foods; for breastfed infants: supplementation via the mother's diet.

Best taken with a meal.

Caution

Important warnings. Individual and important to read, therefore presented here and not in the product attribute table.

Manufacturer's notes

- Please note that crystals may form at temperatures below 4°C. These dissolve again at room temperature after a few minutes. It is recommended to shake the bottle briefly before consumption.
- Omega-3 oil must not be heated. Allow hot dishes to cool briefly before adding the oil.

Storage instructions

Unopened products should be stored protected from direct sunlight at a stable room or cellar temperature below 25°C. Store opened bottles in the refrigerator and consume within 45 days.

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Legal information

The recommended daily intake should not be exceeded. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of young children.

Product information

Application:	Eyes, Brain, Heart & Blood Vessels, Children
Dosage form:	As an oil in an amber glass bottle.
Micronutrients:	Vitamin D, Vitamin E
Plants:	Olive, Orange
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free
Allergens:	Fish
Product type:	Dietary supplements