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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Zinc Citrate 5mg, 150 VegeCaps

Product number: EB9726



Price

Quantity	Unit price	Base price
To 1	€19.90	€663.33 / 1 Kilogramm
To 4	€18.90	€630.00 / 1 Kilogramm
From 5	€17.90	€596.67 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

5 mg zinc per vegan capsule in the well-absorbed citrate form

EnergyBalance Zinc has a high zinc content, is easily soluble in water and is better absorbed by the body as a citrate.

This new product from EnergyBalance contains only 5 mg zinc per capsule and is therefore much easier to dose than the EnergyBalance classic Zinc 25 mg. Many people also take other dietary supplements, such as multivitamin

capsules. Since these often also contain zinc, this can otherwise easily lead to excessive intake.

Zinc is not such a “harmless” micronutrient as, for example, calcium, of which you can safely take somewhat more. Although zinc is very effective and absolutely essential for life, one can reach the maximum dose relatively quickly, above which harmful effects may occur.
Therefore, zinc should only be taken after careful consideration and preferably in consultation with a naturopath, nutritional therapist or doctor.

Nutritive properties

- Zinc contributes to a normal acid-base metabolism and to a normal carbohydrate metabolism.
- Zinc contributes to normal cognitive function and to the maintenance of normal vision.
- Zinc contributes to normal fertility and normal reproduction.
- Zinc contributes to a normal metabolism of macronutrients and to a normal vitamin A metabolism.
- Zinc contributes to normal fatty acid metabolism and to normal protein synthesis.
- Zinc contributes to the maintenance of normal bones, hair, nails and skin.
- Zinc contributes to the maintenance of a normal testosterone level in the blood.
- Zinc contributes to the normal function of the immune system and helps protect cells from oxidative stress.
- Zinc has a function in cell division and contributes to normal DNA synthesis.

Nutritional declaration

Micronutrients	per daily portion 1 capsule
Zinc	5 mg (50 %*)

*Reference value according to Regulation (EU) No. 1169/2011

Ingredients

31 % zinc citrate, inulin from agave (organic), cellulose (capsule shell).

Recommended intake

Take 1 capsule daily with meals.

Note from EnergyVital

This product is below the very strict limit values for zinc that have applied in Switzerland since 2020, and is therefore also available to customers in Switzerland!

Storage instructions

Store in a cool, dry place, protected from light (do not refrigerate).

Legal notice

Do not exceed the recommended daily intake. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of young children.

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Product information

Application:	Eyes, Skin & Hair, Immune system, Men, Metabolism, Cell protection
Dosage form:	In vegan capsules.
Micronutrients:	Zinc
Plants:	Agave
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements

Erstellt am 25.11.2026. Dieses Dokument stellt kein Angebot dar. Es gelten die aktuellen Preise im Online-Shop.
All prices incl. VAT plus shipping costs and possible delivery charges, if not stated otherwise.