Adresse:
Talstr. 7
01099 Dresden

Kontakt:
Telefon: 015773998502
E-Mail: pdf@energyvital.de

Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Multi Iron Complex Iron, 90 capsules

Product number: SH3100



Price

Quantity	Unit price	Base price
To 1	€24.90	€553.33 / 1 Kilogramm
To 4	€23.60	€524.44 / 1 Kilogramm
From 5	€22.40	€497.78 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

Organically bound iron with vitamin B12 and herbs

St. Helias Multi Iron Komplex contains highly concentrated iron, which supplies the body with 100% of the daily recommended amount of iron. It also contains vitamin B12 and various herbs.

Energetic and alert with Multi-Iron!

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Oxygen, which makes us energetic and alert, is transported in the blood by the "haemoglobin taxi". If this is carrying too little oxygen, iron deficiency can be the cause. A deficiency in vitamin B12, or more rarely in folic acid, can also trigger this. Symptoms include significant tiredness and lethargy and, since iron, like rust, is rather red, pronounced paleness of the skin. This can become a problem particularly for people who absorb little iron (e.g. vegans) or who regularly lose a lot of iron (women before menopause). In such cases, taking iron can be useful. Iron fumarate is better tolerated than many other iron compounds.

Nutritional properties

- Iron and vitamin B12 contribute to the reduction of tiredness and fatigue.
- Iron and vitamin B12 contribute to normal energy metabolism.

Nutrition declaration

Micronutrients	per daily portion 1 capsule
Vitamin B12	10 µg (400 %*)
Iron	14 mg (100 %*)

*Reference intake according to Regulation (EU) No 1169/2011

Ingredients

Elderberries, nettle seeds, rosemary, cinnamon (Ceylon), black pepper with piperine, chilli, hydroxypropylmethylcellulose capsule (plant-based), iron fumarate (organically bound iron), vitamin B12.

Recommended intake

Take 1 capsule daily with meals.

Storage instructions

Store in a cool, dry place, protected from light (do not refrigerate).

Legal information

Do not exceed the recommended daily dose. Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children.

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Product information

Application:	Immune system, Sport
Dosage form:	In vegan capsules.
Micronutrients:	Iron, Vitamin B12
Plants:	Chilli, Cinnamon, Elderberry, Pepper, Rosemary
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements