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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Bone Assist WholeFood, 60 capsules

Product number: NV1095



Price

Quantity	Unit price	Base price
To 1	€23.90	€478.00 / 1 Kilogramm
To 4	€22.70	€454.00 / 1 Kilogramm
From 5	€21.50	€430.00 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

Vitamins and minerals for bone, supplemented with boron

Our bones are our foundation and carry us through life. WholeFood Bone Assist is a carefully selected combination of vitamins, minerals and botanicals. BoneAssist supports the formation and normal function of bones, muscles and nerves.

What does WholeFood mean?

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The nutrients in Natur Vital BoneAssist are of plant or organic origin. The plants encase the minerals in an organic package that our metabolism can open. This allows the nutrients to reach where they are needed, namely our cells. Vitamins and minerals of plant and organic origin are also better tolerated.

Modern formulation with vitamin K

The composition follows current knowledge on bone health. Ten years ago nutritionists and doctors would have recommended a lot of calcium and some vitamin D for the bones.
One consequence was, for example, a risk to the blood vessels, because a lot of calcium with little vitamin D and especially without vitamin K tends to deposit in the vessels, i.e. to lead to calcification.
Today people are advised to take more vitamin D than before, together with vitamin K2 for vascular protection, but not too much calcium.
Nevertheless, one should pay attention to a calcium-rich diet, such as cheese or, for vegans, sesame (in tahini) or broccoli. As the amount of calcium in Bone Assist is rather cautiously dosed, this would certainly be additionally helpful.

Boron – the little-known mineral

There are various opinions, studies and views on boron. As is unfortunately often the case in science, everyday life for scientists can be confusing for the general public: there are so many studies, opinions and researchers who demonstrate and assume the benefits of boron and consider it essential for life, just as there are some who claim the opposite.
Natur Vital Bone Assist is ideal for users who are convinced of the benefits of boron.
Those who are not convinced will find plenty of other bone products in our shop that do not contain boron.

Nutritional properties

- Vitamin D contributes to the normal absorption/utilisation of calcium and phosphorus
- Vitamin D contributes to maintaining a normal blood calcium level and to the maintenance of normal bones and teeth
- Vitamin D contributes to the maintenance of normal muscle function and to the normal function of the immune system
- Calcium contributes to normal muscle function and to normal neurotransmission
- Calcium is needed for the maintenance of normal bones and teeth
- Vitamin K contributes to the maintenance of normal bones and to normal blood clotting
- Magnesium contributes to normal muscle function and to normal protein synthesis
- Magnesium contributes to the maintenance of normal bones and teeth

Nutritional declaration

Micronutrients	per daily serving (2 capsules)
Vitamin D	30 µg (600 %*)
Vitamin K	60 µg (80 %*)
Magnesium	150 mg (40 %*)
Calcium	150 mg (19 %*)

*Reference intake according to Regulation (EU) No. 1169/2011

Key active ingredients

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Active substances*	per daily serving (2 capsules)
Boron	3 mg

* No reference intake is specified according to the Food Information Regulation (LMIV)

Ingredients

Magnesium citrate, Lithothamnium calcareum (fossil red algae), hydroxypropylmethylcellulose (capsule shell), menaquinone-7 (Vit. K2), vegetable stearic acid (anti-caking agent), boric acid, cholecalciferol (Vit. D3).

Recommended use

Take 2 capsules before or with a meal.

Note from EnergyVital

Children, pregnant and breastfeeding women should avoid products containing boron, as should people with kidney disease.

Storage instructions

Store in a cool, dry place, protected from light (do not refrigerate).

Legal information

The recommended daily dose must not be exceeded. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

Note from EnergyVital for Swiss customers

Due to the new extremely strict Swiss food supplement regulation, this product is not permitted in Switzerland, as a maximum of 1 mg boron per day is allowed there. If you nevertheless wish to order it, have it delivered only to a German parcel station at the Swiss border and import it at your own risk; delivery by DHL into Switzerland is not possible.

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Product information

Application:	Bones & Joints
Dosage form:	In vegan capsules.
Micronutrients:	Calcium, Magnesium, Vitamin D, Vitamin K
Plants:	Algae
Quality:	Free from magnesium stearate, Lactose-free, Vegan
Product type:	Dietary supplements

Erstellt am 23.11.2026. Dieses Dokument stellt kein Angebot dar. Es gelten die aktuellen Preise im Online-Shop.
All prices incl. VAT plus shipping costs and possible delivery charges, if not stated otherwise.