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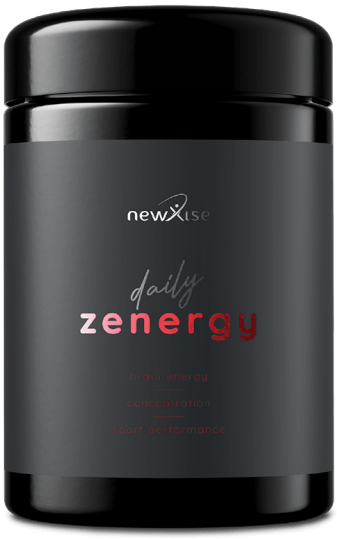
Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

newXise daily zenergy, 165 g powder

Ethno Health

Product number: EH6623



Price

€94.99

Prices incl. VAT plus shipping costs

Description

Daily Zenergy – the ideal alternative to coffee

Daily Zenergy is a rich blend for increased drive and power for sport, work or everyday life. It contains a carefully selected mix of berries, mushrooms, coenzyme Q10 and guarana to give you more momentum in coping with daily demands. Ingredients such as folate contribute to the reduction of tiredness and fatigue. Vitamin B12 contributes to normal energy metabolism. Daily Zenergy is the ideal alternative to coffee, as it not only provides caffeine but also a wealth of valuable ingredients for an active lifestyle.

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Guarana - a stimulant from the Amazon

Guarana, also known as Paullinia cupana, is a plant from the Amazon region. This climbing plant is prized for its fruits, which are roughly the size of a coffee bean. Each fruit is surrounded by a red shell and contains a black seed covered by a white seed coat that resembles a human eye.

What is the composition of guarana?

Guarana is a South American fruit that thrives particularly in Brazil. The seeds of this fruit are about the size of coffee beans but contain two to four times more caffeine. In fact, guarana is known for its high caffeine content, often referred to as guaranine, which is even higher than that of coffee beans. In addition to caffeine, guarana also contains small amounts of theophylline and theobromine, two compounds similar to caffeine but with slightly different effects on the body. It is interesting to note that guarana plays a special role in nature: it acts as a natural insecticide and deters plant-eating insects!

What are the benefits of guarana?

Guarana is often used during phases of tiredness and lack of energy due to its high caffeine content. For athletes it is an activating agent for intense training.

What to look for when buying

Ideally, a product containing guarana should not include other sources of caffeine. Organic guarana is preferable. The optimal concentration should be around 12%.

Nutritional properties

- Folate contributes to the reduction of tiredness and fatigue.
- Vitamin B12 contributes to normal energy metabolism.

Nutritional declaration

Micronutrients	**per daily portion 5 g powder**
Vitamin B12	5 µg (200 %*)
Biotin	50 µg (100 %*)
Folic acid	6 mg (100 %*)

*Reference intake according to Regulation (EU) No. 1169/2011

Key active ingredients

Key active substances*	**per daily portion 5 g powder**
Blackcurrant fruit juice powder	1620.5 mg
Chinese cordyceps fruiting body extract	800 mg
Raspberry fruit juice powder	326.8 mg
Guarana seed extract	318 mg
Caffeine (total)	61.2 mg

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Coenzyme Q10	100 mg
Green tea extract	90.8 mg
– of which polyphenols	45.4 mg
Cayenne pepper powder	3.4 mg

* No reference amount specified according to the FIC

Ingredients

Blackcurrant fruit juice powder (Ribes nigrum L.), sweetener: erythritol, Chinese cordyceps extract 10:1 (Cordyceps sinensis), raspberry fruit juice powder (Rubus idaeus L.), guarana seed extract 1:1 (Paullinia cupana, contains 12 % caffeine), flavouring, acidifying agent: citric acid, coenzyme Q10, green tea extract 8:1 (Camellia sinensis, contains 50 % polyphenols, 15 % epigallocatechin gallate and 7 % caffeine), sodium bicarbonate, caffeine, cayenne pepper powder (Capsicum frutescens), pteroylmonoglutamic acid, D-biotin, methylcobalamin.

Directions for use

Dissolve 5 g of powder in 250 ml of water and consume.

Health notice

Contains caffeine (61.2 mg per daily dose). Not recommended for children and pregnant women.

Storage instructions

Store in a cool, dry place protected from light (do not refrigerate).

Legal notice

The recommended daily intake should not be exceeded. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of young children.

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Product information

Product range:	Vitality & Family
Dosage form:	In powder form.
Micronutrients:	Biotin, Folic acid
Plants:	Cordyceps, Green tea, Guarana, Raspberry, redcurrant
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Place of origin:	Netherlands
Product type:	Dietary supplements
Name of the foodstuff:	Food supplements containing plant-based ingredients, coenzyme Q10, caffeine, vitamins and sweeteners