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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Vitamin B12-SL, 60 tablets

Product number: NV1061



Price

Quantity	Unit price	Base price
To 1	€20.50	€1,464.29 / 1 Kilogramm
To 4	€19.50	€1,392.86 / 1 Kilogramm
From 5	€18.50	€1,321.43 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

Methylcobalamin and Adenosylcobalamin – the best vitamin B12s!

Vitamin B12 (cobalamin) has a relatively recent history. It was only discovered in 1948. It is a very complex, large molecule and is required for the development of all the body's cells. Nerve cells in particular suffer from a deficiency. The best-selling B12 is the cheap cyanocobalamin. It is effective, but not optimal, because it must first be converted for absorption, during which the not entirely harmless cyanide compound is released (better known as hydrogen cyanide).
Methylcobalamin is the form the body needs and is absorbed significantly better without conversion. The biological activity of methylcobalamin is increased by probiotic bacteria and beetroot.
There is another form of vitamin B12 that is even slightly better than the already very good methylcobalamin:

adenosylcobalamin!
Because of its very high price it is used rather rarely in dietary supplements.
In the new improved formula of Natur Vital B12-SL from 2020, 50% adenosylcobalamin is now used! Both are biologically active forms.

Who needs to pay attention to vitamin B12

Vegans and, to some extent, vegetarians who avoid consuming milk and eggs must pay close attention to their vitamin B12 intake.
Vitamin B12 is absorbed in the large intestine. A significant portion is, however, also produced by the bacteria of the large intestine.
People with chronic intestinal problems (ulcerative colitis, Crohn's disease) therefore need to pay particular attention to their vitamin B12 supply, as do people without a large intestine (e.g. after bowel cancer surgery). This is because these people produce too little of their own B12.

Nutritional properties

- Vitamin B12 contributes to normal energy-yielding metabolism and has a role in cell division.
- Vitamin B12 contributes to the normal functioning of the nervous system and to normal psychological function.
- Vitamin B12 contributes to the normal metabolism of homocysteine and helps reduce tiredness and fatigue.
- Vitamin B12 contributes to the normal formation of red blood cells and to the normal function of the immune system.

Nutritional information

Micronutrients	per daily portion 1 tablet
Vitamin B12	1000 µg (40000 %*)

*Reference value according to Regulation (EU) No. 1169/2011

Ingredients

Dextrose and microcrystalline cellulose (filler), methylcobalamin (vit. B12), vegetable stearic acid (anti-caking agent), adenosylcobalamin (vit. B12).

Recommended intake

Allow 1 tablet to dissolve under the tongue daily.

Storage instructions

Store in a cool, dry, dark place (do not refrigerate).

Legal notice

The recommended daily intake should not be exceeded. Food supplements are no substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children.

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Product information

Application:	Relaxation, Immune system, Cell protection
Dosage form:	In lozenges.
Micronutrients:	Vitamin B12
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements

Erstellt am 22.11.2026. Dieses Dokument stellt kein Angebot dar. Es gelten die aktuellen Preise im Online-Shop.
All prices incl. VAT plus shipping costs and possible delivery charges, if not stated otherwise.