Adresse:
Talstr. 7
01099 Dresden

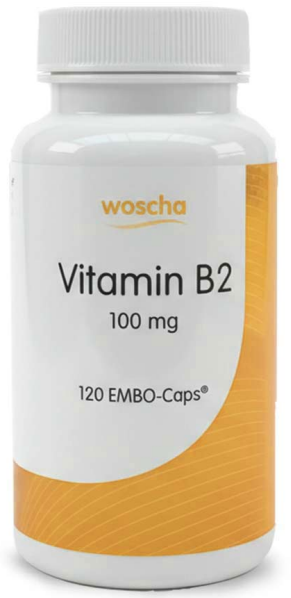
Kontakt:
Telefon: 015773998502
E-Mail: pdf@energyvital.de

Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Vitamin B2, 120 capsules

Product number: PM3220



Price

Quantity	Unit price	Base price
To 1	€18.50	€804.35 / 1 Kilogramm
To 4	€17.50	€760.87 / 1 Kilogramm
From 5	€16.60	€721.74 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

For more strength and vitality, normal nerve function and the maintenance of vision

Vitamin B2, also called riboflavin or lactoflavin, is an essential vitamin that must be obtained through the diet. It forms part of important coenzymes involved in many metabolic processes in our body, for example the generation of energy from food, tissue growth and the maintenance of an intact nervous system.
A vitamin B2 deficiency can develop particularly in pregnant and breastfeeding women, alcoholics, and in vegetarians and vegans. It may present, among other things, with poorly healing wounds, cracked skin, gum inflammation and chronic fatigue. Supplementation is also advisable during periods of increased activity (sport, physical labour), prolonged stress, dieting and infections.

Adresse:
Talstr. 7
01099 Dresden

Kontakt:
Telefon: 015773998502
E-Mail: pdf@energyvital.de

Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Vitamin B2

- boosts energy levels and counteracts tiredness
- is essential for normal nerve function
- supports healthy skin and healthy mucous membranes
- contributes to the maintenance of normal vision
- helps regulate homocysteine levels and is important for blood formation
- forms and regenerates the potent antioxidant glutathione

WOSCHA Vitamin B2 is vegan, effectively compensates for a riboflavin deficiency and, as a pure substance, is very well tolerated.

Effects of Vitamin B2 (Riboflavin)

Vitamin B2 is an important component of numerous coenzymes that control various metabolic processes in our body. It is an important enzyme in the respiratory chain. As a result, it supports carbohydrate and fat metabolism and is also involved in the breakdown of proteins for energy production. This gets our metabolism going. Vitamin B2 also plays an important role in the fight against free radicals.
Above all, riboflavin is indispensable for the generation of energy because it is an important enzyme in the respiratory chain. As a result, it supports carbohydrate and fat metabolism and is also involved in the breakdown of proteins for energy production.

Vitamin B2 helps regulate homocysteine levels, promotes the conversion of vitamin B6 (pyridoxine) into its active form (pyridoxal-5-phosphate) and supports the action of vitamin B3 (niacin).

Riboflavin is required for the skin and for blood formation. It has been shown to support vision.

Symptoms of Vitamin B2 deficiency

The first symptoms of a vitamin B2 deficiency are changes to the skin such as cracked corners of the mouth, chapped lips and gum inflammation. These are accompanied by a general feeling of weakness, lack of drive, exhaustion and headaches.
With a severe riboflavin deficiency, visual disturbances may occur, as well as disturbances of blood formation (anaemia).

The metabolism of other vitamins (vitamin K, B3 and B6 as well as folic acid) is also impaired by a vitamin B2 deficiency.

Nutritional properties

- Riboflavin contributes to the normal function of the nervous system.
- Riboflavin contributes to the maintenance of normal mucous membranes and normal skin.
- Riboflavin contributes to the maintenance of normal red blood cells.
- Riboflavin contributes to the maintenance of normal vision and to normal iron metabolism.
- Riboflavin helps protect cells from oxidative stress and contributes to the reduction of tiredness and fatigue.

Nutrition declaration

Micronutrients	per daily portion 1 capsule
Riboflavin	100 mg (7143 %*)

Adresse:
Talstr. 7
01099 Dresden

Kontakt:
Telefon: 015773998502
E-Mail: pdf@energyvital.de

Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

*Reference value according to Regulation (EU) No. 1169/2011

Ingredients

Riboflavin, cellulose (filler), hydroxypropylmethylcellulose (veg. capsule).

Recommended intake

1 EMBO-CAPS® daily, with food.

Storage instructions

Store in a cool, dry place protected from light (do not refrigerate).

Legal notice

The recommended daily intake should not be exceeded. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

Product information

Application:	Eyes, Relaxation, Brain, Metabolism
Dosage form:	In vegan capsules.
Micronutrients:	Riboflavin
Quality:	Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements