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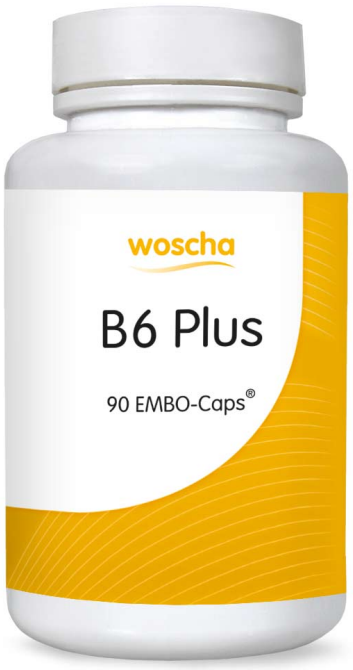
Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

B6 Plus, 90 capsules

Product number: PM3260



Price

€13.22

~~€17.10~~ (22.69% saved)

previously €14.00

Prices incl. VAT plus shipping costs

Description

B6 plus for energy metabolism, blood formation, nerves and defence mechanisms

The essential, water-soluble vitamin B6 (pyridoxine) controls many central processes in our metabolism. It is, for example, involved in the production of energy from proteins, carbohydrates and fats, helps with the production of messenger substances in the nerves and supports our immune system. As vitamin B6 is stored in the body only in small amounts, a regular supply is very important, because it

- brings more vigour to life
- reduces tiredness and lethargy

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- is indispensable for energy metabolism
- supports the nervous system and normal psychological function
- is important for blood formation
- contributes to a normal homocysteine metabolism
- helps to normalise blood sugar levels
- is involved in the regulation of hormonal activity
- supports a strong immune system

Activated vitamin B6 (P5P): physiological effects

Vitamin B6 plays an important role in the production of energy in our body from carbohydrates (sugars), proteins and fats (energy metabolism). It can also synthesise proteins and fats that are essential for the function of our body.

Pyridoxine is involved in the formation of fatty acids that form the protective layer for our nerve cells (myelin sheath). This may explain the therapeutic successes in neuropathy (numbness, abnormal sensations) and carpal tunnel syndrome. In addition, it promotes the production of the neurotransmitters serotonin, dopamine and noradrenaline, which are responsible for our metabolism and our mood.

Together with vitamin B12 and folic acid, vitamin B6 promotes the absorption of iron and the formation of blood. As a result, all tissues and cells are better supplied with oxygen.

Activated vitamin B6 is necessary for the synthesis of specific proteins such as hormones and antibodies for our immune system. It counteracts menstrual complaints (painful menstrual bleeding, irritability, breast tenderness) and significantly increases the production of T lymphocytes and T helper cells.

Nutritional properties

- Vitamin B6 contributes to normal cysteine synthesis and to normal energy metabolism.
- Vitamin B6 contributes to the normal function of the nervous system and to normal psychological function, as well as to the reduction of tiredness and fatigue.
- Vitamin B6 contributes to a normal homocysteine metabolism and to normal protein and glycogen metabolism.
- Vitamin B6 contributes to the normal formation of red blood cells and to the normal function of the immune system.
- Vitamin B6 contributes to the regulation of hormonal activity.

Nutrition information

Micronutrients	per daily portion 1 capsule
Vitamin B6	21 mg (1500 %*)

*Reference value according to Regulation (EU) No. 1169/2011

Ingredients

Cellulose (filler), hydroxypropylmethylcellulose (veg. capsule), pyridoxine HCl, P-5-P.

Recommended intake

1 EMBO-Caps® once daily, with food.

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Note from the manufacturer

Not suitable for children under 17 years of age.

Storage instructions

Store in a cool, dry place, protected from light (do not refrigerate).

Legal notice

The recommended daily intake must not be exceeded. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of young children.

Product information

Application:	Relaxation, Brain, Immune system
Dosage form:	In vegan capsules.
Micronutrients:	Vitamin B6
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements