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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

CoQ10 30mg, 60 EMBO-Caps

Product number: PM8966



Price

Quantity	Unit price	Base price
To 1	€19.50	€1,950.00 / 1 Kilogramm
To 4	€18.50	€1,850.00 / 1 Kilogramm
From 5	€17.50	€1,750.00 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

Help for energy production in cells and for health

The body can produce energy. This is important for life and well-being. Every cell constantly needs energy. This energy is important for their tasks. A key component in this process is coenzyme Q10. It is a substance that acts like a vitamin. It is important for the body's energy.

- It helps to support normal energy production in the body.

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- Bioidentical in its entire structure.
- It helps protect the cells from harmful stress. The glass packaging contains an oxygen absorber. This provides optimal protection.
- No additives

What is Coenzyme Q10?

Coenzyme Q10 is a substance that occurs in the body. It helps with energy production in the cells. Coenzyme Q10 is important for health. It can also be taken as a food supplement. Many people use it for more energy and better health. Coenzyme Q10 is fat-soluble. It is found in almost all human cells. The name comes from the Latin word "ubique". This word means "everywhere". It indicates that something is widespread in the body. The body produces CoQ10 itself. It can also take up CoQ10 from food.

Coenzyme Q10 has two forms

One form is called ubiquinone. That is the oxidised form. The other form is called ubiquinol. That is the reduced form. These two types are like two sides of the same coin. The body constantly converts them, depending on which function is currently important. Ubiquinone mainly helps with energy production in the mitochondria. Ubiquinol protects the cells. It acts mainly as an antioxidant. It prevents damage to the cells.
With age or with heavy physical activity the body may produce less CoQ10. In such times it may be beneficial to take coenzyme Q10. It helps to support the energy balance. It also ensures that the mitochondria function well.

The important role in energy generation

Coenzyme Q10 has an important role. It helps to generate energy in the mitochondria. In every cell there are special parts. These parts work like small power stations.
In the mitochondria an important process takes place. CoQ10 acts like a worker who transports something. It carries energy particles called electrons from one place to another. You can compare it to a messenger. The messenger delivers documents from one desk to another in an office.
ATP is an important molecule. It provides energy for cells. Cells need this energy for many processes. ATP is produced in the mitochondria. Mitochondria are the power stations of the cell. They convert food into energy. This energy is then stored as ATP. ATP assists the work of the cells. It is necessary for life.
This transport process creates a difference in the energy across the mitochondrial membrane. It is similar to water being held back behind a dam. This energy difference helps a special enzyme. This enzyme converts the energy from food into ATP. ATP stands for adenosine triphosphate.

Scientifically proven effects

CoQ10 is important for energy production in the body. This is supported by scientific evidence. In a study with two groups ubiquinol was tested. The participants were healthy. One group received ubiquinol. The other group received a placebo. There was a positive association between ubiquinol levels in the blood and relaxation as well as motivation. CoQ10 helps with energy production in the body. [Mizuno, K., et al. (2020). Ubiquinol-10 Intake Is Effective in Relieving Mild Fatigue in Healthy Individuals.]

- The ability to combat free radicals increases
- It helps to recover after physical exertion.
- It helps athletes to perform better.
- It supports function in older people.

Optimising mitochondrial efficiency

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Coenzyme Q10 helps to improve the function of mitochondria in the cells. It is similar to power stations in a city. If there are more power stations, more energy is produced. Good mitochondrial function is important for the energy balance. This is particularly relevant for older people and during intense physical effort.

Antioxidant properties protect the mitochondria

Coenzyme Q10 is important for energy production. It also protects the body. The body constantly converts ubiquinone to ubiquinol. Ubiquinol helps as protection against harmful substances. This converted form protects cell membranes. It particularly protects mitochondrial membranes. It protects against harmful molecules. These molecules are free radicals. Free radicals are produced during the production of ATP. ATP is an important energy source for the cell.

Free radicals are like waste products from a factory. They arise when the body produces energy. If not controlled, they can damage the mitochondria. Mitochondria are important parts of the cells. They help to produce energy. Coenzyme Q10 converts ubiquinone into ubiquinol. It then neutralises these reactive molecules. In this way Coenzyme Q10 helps to protect and keep the energy production in the cells efficient.

Valuable ingredients

Active ingredients*	per daily portion 1 capsule
Coenzyme Q10	30 mg

* No reference intake established according to the Food Information Regulation (LMIV)

Ingredients

Cellulose (bulking agent), coenzyme Q10 CoQ10 (ubiquinone from Kingdomway®), hydroxypropylmethylcellulose (veg. capsule).

Recommended consumption

1 EMBO-CAPS® 1 to 2 times daily, with food.

Storage instructions

Store cool, dry and protected from light (do not refrigerate).

Legal notices

The recommended daily intake must not be exceeded. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

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Product information

Application:	Anti-ageing, Brain, Heart & Blood Vessels, Immune system
Dosage form:	In vegan capsules.
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements

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