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Rechtliches:
Amtsgericht Dresden
USt-ID-Nr.: DE352285297

Overview

Folic BioActive 5-MTHF, 90 vegetarian capsules

Product number: EB2581



Price

Quantity	Unit price	Base price
To 1	€17.90	€895.00 / 1 Kilogramm
To 4	€17.00	€850.00 / 1 Kilogramm
From 5	€16.10	€805.00 / 1 Kilogramm

Prices incl. VAT plus shipping costs

Description

Folic acid in the highest-quality form 5-MHTF for optimal absorption

Vegan and free from additives. 5-MTHF is the form of folic acid that occurs in the human body. This means that "regular" folic acid must first be converted by the body into 5-MHTF before our organism can use it.

On the one hand, it seems logical to take folic acid directly as 5-MTHF, i.e. in the form we need it. On the other hand, there are people who depend on this form of intake because their bodies cannot convert folic acid to MHTF.

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The cause is usually a genetic defect.

According to Pharmazeutische Zeitung online (Issue 11/2009), this affects, for example, every second woman. It was already discovered in 1995 by P. Frosst et al. (see study: A candidate genetic risk factor for vascular disease: a common mutation in methylenetetrahydrofolate reductase, Nature Genetics 10, 111–113 (1995)). For the people affected, it would therefore make no sense to take "regular" folic acid supplements.

Folic acid from food is also unusable for those affected unless it is present as 5-MTHF.
For further questions, you should consult your doctor or pharmacist, even if you want to undergo such a genetic test. If that is too time-consuming, simply take 5-MHTF instead of "regular" folic acid, because it will be utilised optimally by everyone, whether with or without the genetic defect!

Nutritional properties

- Folate contributes to the growth of maternal tissue during pregnancy and to normal amino acid synthesis. It has a role in cell division.
- Folate contributes to normal blood formation and to normal homocysteine metabolism.
- Folate contributes to normal psychological function and to the reduction of tiredness and fatigue.
- Folate contributes to normal immune system function.

Nutritional declaration

Micronutrients	per daily portion 1 capsule
Folic acid	600 µg (300 %*)

*Reference value according to Regulation (EU) No. 1169/2011

Ingredients

5-Methyl-THF from [6S]-5-methyltetrahydrofolate, cellulose (VegeCaps).

Recommended intake

Consume 1 capsule daily with meals.

Storage instructions

Store in a cool, dry place protected from light (not in the refrigerator).

Legal notice

The recommended daily intake should not be exceeded. Food supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of young children.

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Product information

Application:	Relaxation, Brain, Heart & Blood Vessels, Immune system, Pregnant, Cell protection
Dosage form:	In vegan capsules.
Micronutrients:	Folic acid
Quality:	Free from magnesium stearate, Gluten-free, Lactose-free, Vegan
Product type:	Dietary supplements